

# 2026 GP Wellbeing Grant

## Form Preview

## 2026 GP Wellbeing Grant

Welcome to the Australian General Practice Research Foundation's online grants application service, powered by [SmartyGrants](#).

Thank you for your interest in our **2026 GP Wellbeing Grant**, generously funded by an anonymous donation from an esteemed RACGP member.

This grant recognises the growing pressures faced by general practitioners and practice teams, and the need for practical, evidence-informed approaches to support wellbeing in real-world settings. Applications are encouraged that move beyond describing the problem and instead focus on identifying and testing solutions that can be implemented in everyday general practice.

### Grant details

**Grant amount:** One grant valued at up to \$40,000 (ex GST).

**Funding period:** 12 months

**Focus area:** Mental health, resilience, and general wellbeing among general practitioners and practice teams.

**Objective:** This grant aims to support research with potential to improve mental health, resilience, and general wellbeing among general practitioners and practice teams. Projects may focus on strategies, interventions, and solutions to prevent excessive stress and burnout, improve work-life balance and job satisfaction, and/or enhance workplace culture and psychological safety in general practices. The research should be translational with potential to drive tangible outcomes for the general practice profession.

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### Successful applicants will be required to:

- formally accept the grant and enter into a Grant Agreement with the administering organisation
- participate in a short interview with the Foundation
- meet key project milestones, including reporting requirements, with payments linked to specified milestones
- acknowledge the support of the Foundation and funding partner in relevant outputs

Further detail is provided on the [Information for Applicants](#) website under the section "Requirements for successful applicants."

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**Applications open Monday, 11 May 2026 at 9:00am (AEST) and close on Tuesday, 22 June 2026 at 9:00am (AEST). Applicants will be notified of outcomes on Friday 11 September 2026.**

### Eligibility

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To be eligible for this grant, the principal investigator must:

- Be a general practitioner or general practice registrar.
- Demonstrate an active leadership role in the project, AND
- Demonstrate either sufficient experience in leading and conducting research to ensure successful completion, or that the research team includes appropriate supervision and support to do so.

*We encourage applicants to consider including early career researchers, within a more experienced team, to continue to build general practice research capacity.*

## Selection Criteria

Applications will be assessed against the following criteria:

- **Scientific quality of the proposed research project (30%)**The project should demonstrate strong scientific foundations, including a clear research question, robust methodology, and sound approach to data collection and analysis, with appropriate consideration of the populations and contexts relevant to general practice.
- **Likelihood for translation and impact in general practice services (30%)**The project should showcase potential for practical, meaningful, and scalable outcomes that improve patient care and/or healthcare systems, including consideration of patient, carer, or community needs and experiences where relevant.
- **Innovation and originality of the project (15%)**The project should demonstrate originality in its approach, incorporating innovative ideas to address identified unmet needs or gaps in general practice research.
- **Feasibility of the project (15%)**The project must be realistic and achievable within the given timeline, budget, and resources, supported by a clear research plan and the necessary expertise and support to ensure successful completion.
- **Contribution to building research capacity in general practice services (10%)**The project should enhance research capacity within general practice services, whether through skill development, training, fostering collaborations, or expanding networks.

## Before you start

**Please note: This application form must be read in conjunction with the [Information for Applicants](#), which includes the [Grant Application Terms and Conditions](#). Please ensure you have read this information before completing and submitting your application to ensure that you have fulfilled all requirements.**

## Using this form

You may begin anywhere in this application form. Please ensure you save as you go. If you need more help using this form, download the [Help Guide for Applicants](#) or check out [Applicant Frequently Asked Questions \(FAQ's\)](#).

On every screen (page of the form) you will find a Form Navigation contents box, this links directly to every page of the application. Click the link to jump directly to the page you

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want. You can also click 'next page' or 'previous page' on the top or bottom of each page to move forward or backward through the application.

If you wish to leave a partially completed application, press 'save' and log out. When you log back in and click on the 'My Submissions' link at the top of the screen, you will find a list of any applications you have started or submitted. You can reopen your draft application and start where you left off. You can also download any application, whether draft or completed, as a PDF. Click on the 'Download' button located at the bottom of the last page of the application form.

You will find a **Review and Submit** button at the bottom of the Navigation Panel. You need to review your application before you can submit it, by clicking on 'Submit' at the top of the screen or on the navigation panel. You will not be able to submit your application until all the compulsory questions are completed.

Once you have submitted your application, no further editing or uploading of support materials is possible. You will receive an automated confirmation email with a copy of your submitted application attached. This will be sent to the email you used to register.

**If you do not receive a confirmation of submission email then you should presume that your submission has NOT been submitted.**

For queries about the guidelines, deadlines, or questions in the form, please contact us on 03 8699 0335 during business hours or email [foundation@racgp.org.au](mailto:foundation@racgp.org.au) and quote your application number.

## Applicant details

\* indicates a required field

### Principal investigator

Please give the details of the principal investigator (the Applicant).

#### Applicant name \*

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

#### Applicant Address \*

Address

  

Suburb State Postcode

<input type="text"/>	<input type="text"/>	<input type="text"/>
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Must be an Australian postcode.

#### Phone \*

Must be an Australian phone number.

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### Email \*

Must be an email address.

### Eligibility

#### Are you a general practitioner or general practice registrar? \*

Yes  No

If no, you are not eligible to apply for this grant.

#### Applicant AHPRA registration number \*

<https://www.ahpra.gov.au/>

#### RACGP ID (if applicable)

This is your 6 digit RACGP membership number.

#### Administering organisation \*

Organisation Name

Grants can only be paid to incorporated bodies. If the organisation is a trust, trustee details will also be required. Should your project be awarded the grant, the administering organisation must enter into a formal grant agreement on standard RACGP terms, as outlined in the Terms and Conditions.

### Curriculum vitae (CV) - principal investigator

Please attach a brief CV for the principal investigator, highlighting experience and achievements relevant to this grant. The CV should include:

- Qualifications
- Relevant courses or training
- Previous research experience
- Employment history
- Publications and grants from the past five years or earlier works that are particularly relevant to the grant

We understand that not all applicants will have published their research or received grant funding.

Please label your CV with your last name.

#### Applicant CV \*

Attach a file:

### Response required

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Based on the information provided, you do not appear to meet the eligibility criteria for this grant. Applications that do not meet the eligibility requirements will be deemed ineligible and will not proceed to assessment.

### Research proposal

\* indicates a required field

#### Project details

**Project title \***

**Using plain English, provide a summary of your research project, highlighting its potential impact on Australian healthcare. \***

Word count:

Must be no more than 250 words.

Your response should be written for a non-technical audience. It should focus on the purpose and significance of the project rather than methodological detail, briefly outlining the problem in general practice being addressed, who is affected, what the project seeks to do, and how the outcomes could be applied in practice.

#### Literature review

A literature review summarises existing research related to your topic, identifies gaps in knowledge, and explains how your project will build on or challenge what is already known. It helps place your research question in context and demonstrates the significance of your proposed study.

Please provide a literature review by addressing the questions below.

**Briefly outline what is already known about this topic, why it is important, and the key gaps or limitations in the current evidence. Clearly describe how your project addresses these gaps and explicitly outline what is novel or innovative about your approach in the context of general practice.**

Word count:

Must be no more than 500 words. Your response should demonstrate an understanding of the existing evidence base and clearly articulate the novel contribution and added value of your project.

**Please list any references cited in the responses above.**

#### Research plan

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**Clearly state your research question(s) or hypothesis. \***

Word count:

Must be no more than 250 words.

**Who are the primary research subjects or participants in this project? \***

Please only outline the group/s that are at the very core of this project/program. Research subjects or participants are the individuals or groups from whom data will be collected as part of the study.

**Describe and justify the research design and methodology, including how the research design has been tailored to address the research question/s, type of study, sampling and recruitment strategies, and methods of data collection and analysis. \***

Word count:

Must be no more than 750 words.

**If your research involves Aboriginal and Torres Strait Islander peoples, please outline how you have engaged — and plan to continue engaging — the relevant communities in the design and development of your research, as well as in the collection and analysis of data. Include the steps you have taken to ensure the research aligns with the community's interests, values and priorities, and how the project will adhere to the principles of Indigenous data sovereignty and governance. This includes recognising the rights of Indigenous peoples to control the use of their data, and have access to the data for decision making and self-determination.**

Word count:

Must be no more than 250 words.

**How have consumers, patients, or community members informed the design of this research, or how will they be meaningfully involved throughout the project? \***

Please describe how their perspectives have shaped, or will shape, the research question(s), study design, methods, or interpretation of findings.

**Outline any ethical considerations in your research and the safeguards you will implement to protect participants, especially regarding consent and confidentiality.**

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Word count:

Must be no more than 250 words.

**Does this project require approval from a human research ethics committee? \***

Yes

No

**If yes, outline the name of the proposed committee and detail your plan to obtain approval.**

Word count:

Must be no more than 250 words.

For details of the RACGP National Research and Evaluation Ethics Committee (NREEC) visit our website <https://www.racgp.org.au/the-racgp/governance/committees/national-committees/ethics-committee>.

**If you would like to include any figures, tables or diagrams, please upload them as a separate document.**

Attach a file:

Please label all figures, tables or diagrams clearly (e.g. Figure 1: Research Plan) and ensure they are referenced in your responses above. Any explanations or descriptions should be included within the application responses, not in the uploaded document.

## Dissemination, translation, and impact

**Who are the primary beneficiaries of this project? \***

Please only outline group/s that are at the very core of this project. Project beneficiaries are the individuals or groups expected to benefit from the outcomes or findings of the research.

**How might your outcomes be disseminated and translated to achieve improvements in patient care and/or healthcare systems? \***

Word count:

Must be no more than 500 words.

**What are the anticipated short-term and long-term impacts of your research? \***

Word count:

Must be no more than 250 words.

Where possible, include demographic details (e.g. age, gender, location) and an estimate of the number of people likely to be impacted.

## References

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**Please list any references cited in the responses on this page.**

## Research team

\* indicates a required field

### Project leadership and support

**Provide a brief overview of your research experience, your expected contributions to this research project, and (where relevant) the supervision and support arrangements that will enable successful delivery. \***

Word count:

Must be no more than 250 words.

Where relevant, please include any prior experience leading or managing research projects or teams. To be eligible to apply for this grant, you must demonstrate an active leadership role in the project and either sufficient experience in leading and conducting research to ensure successful completion, or that the research team includes appropriate supervision and support to do so.

**How will your expertise as a GP or GP registrar help ensure that this project is grounded in general practice and remains relevant to the everyday needs of GPs and their patients? \***

Word count:

Must be no more than 150 words.

### Research capacity building

**What opportunities for training, mentoring or collaboration will be offered to the research team, and how will these opportunities contribute to strengthening general practice research capacity and fostering broader collaboration within the field? \***

Word count:

Must be no more than 200 words.

**If your research involves Aboriginal and/or Torres Strait Islander peoples, will there be Aboriginal and/or Torres Strait Islander leadership within the research team, and how will the project build capacity of the community to do research in the future?**

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Word count:

Must be no more than 250 words.

## Addition of co-investigators

**Do you wish to add any coinvestigators to your application?**

- Yes  
 No

Providing details of co-investigators is optional. However, this information is used to support assessment of the feasibility of the proposed project, including whether the research team has the appropriate expertise and capacity to deliver the work. Applicants are therefore encouraged to provide co-investigator details where relevant.

## Co-investigators

Please provide details of all co-investigators below. By providing details of your coinvestigator/s, you are declaring that they have consented to be included on this application, as submitted for review.

*Applicants are responsible for providing a copy of the submitted application to all listed coinvestigators and notifying them of the grant outcome.*

### Co-investigator name

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

### Email

Must be an email address.

**Is the investigator a general practitioner or general practice registrar?**

- Yes  
 No

**Provide details of the co-investigator's qualifications, affiliations and relevant experience, and indicate their role and responsibilities in the project.**

Word count:

Must be no more than 250 words.

## Timeline and budget

\* indicates a required field

### Project timeline

**What is the expected total duration of your research project (in months)? \***

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Must be a whole number (no decimal place) and no more than 12.

**Please provide a detailed timeline for your research project, commencing January 2027. Include key milestones and their expected duration, and any supporting information to justify the estimated time allocated to each phase. \***

Word count:

Must be no more than 250 words.

### Project budget

Please use the following table to outline the estimated costs associated with your research project. Clearly specify the allocation of funds across the key categories using the dropdown fields:

- Personnel (incl. project-related salaries and on-costs)
- Equipment & materials
- Travel & accommodation
- Other relevant expenses

**Applicants must present a budget that includes the total cost of the project, regardless of whether all funding is requested from this grant, or whether the project is supported by other funding sources.**

#### A note regarding personnel salaries and on-costs:

- Any requests for professional salaries should align with the official NHMRC salary scales or those of the submitting institution. Personnel should be named in the expense description where possible. If the personnel are not yet identified, provide the required qualifications for the role and the expected salary.
- Include any applicable costs for payroll tax, workers' compensation insurance, leave loading, or other legal liabilities. Claims for cost increases during the grant period will not be accepted.

Expense description	Expense type	Expense amount (ex. GST)
		Must be a dollar amount.

#### Total project cost

\$

This number/amount is calculated.

#### Project funding

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**What is the total amount of funding (excl. GST) you are requesting from this grant program? \***

Must be a dollar amount.

What is the total financial support you are requesting in this application?

**Have you applied for or secured funding from other sources? \***

- Yes  
 No

This includes any other Australian General Practice Research Foundation grants you have applied for in relation to this project.

## Project Budget (Income)

Please provide details of any additional funding in the table below.

Leave blank if you have not received any additional funding.

Funding Source	Status	Income amount (ex. GST)
		Must be a dollar amount

**If this grant would only provide partial funding for the project, please explain how the remainder of the project would be funded.**

**Have you submitted, or do you plan to submit, a similar project as part of the 2026 Australian General Practice Research Foundation grant round? \***

- Yes  
 No

**Please explain how this project differs from those you have submitted or plan to submit.**

## Administrative details

\* indicates a required field

Administering organisation

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Grants can only be paid to incorporated bodies. If the organisation is a trust, trustee details will also be required. Should your project be awarded the grant, the administering organisation must enter into a formal grant agreement on standard RACGP terms, as outlined in the [Terms and Conditions](#).

### ABN

The ABN provided will be used to look up the following information. Click Lookup above to check that you have entered the ABN correctly.

Information from the Australian Business Register	
ABN	
Entity name	
ABN status	
Entity type	
Goods & Services Tax (GST)	
DGR Endorsed	
ATO Charity Type	<a href="#">More information</a>
ACNC Registration	
Tax Concessions	
Main business location	

Must be an ABN.

This is the ABN of the administering organisation that you outlined in the "applicant details" section of the application.

### Administering Organisation Address

#### Address

  

Please provide the full address, including street address, suburb/town, state/territory and postcode.

### Finance contact

#### Finance Contact \*

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

#### Position \*

#### Email \*

Must be an email address.

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### Phone \*

Must be an Australian phone number.

## Head of Organisation

The following are accepted as heads of organisations: registrars or deans of universities, directors or CEOs of independent institutions, senior executives of State/Commonwealth departments or agencies.

### Head of organisation \*

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

### Position \*

### Email \*

Must be an email address.

### Phone \*

Must be an Australian phone number.

## Declaration

### Declaration \*

I confirm that this organisation has agreed to provide the necessary resources and facilities to support this project, if awarded the grant. The organisation is committed to ensuring the project is conducted in accordance with the RACGP terms and will oversee the expenditure of all allocated funds.

## Conflicts of Interest

\* indicates a required field

The RACGP requires applicants to declare any actual, potential or perceived Conflict of Interest relevant to this grant application, in accordance with the RACGP Conflicts of Interest Guidance.

A Conflict of Interest exists where a personal, financial, professional, or other interest could influence – or could reasonably be perceived to influence – the conduct, reporting, or outcomes of the research.

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Please refer to the [Conflicts of Interest Guidance on the RACGP website](#) before responding to the question below.

**Do you, or any member of the research team, have any actual, potential, or perceived Conflict of Interest relevant to this grant application? \***

- Yes
- No

Examples may include (but are not limited to): financial or commercial interests in organisations that may benefit from the research; advisory, governance or board roles; employment or consultancy arrangements; intellectual property interests; personal or professional relationships that may create a perception of bias.

### Conflict of interest disclosure

**Please describe the nature of the Conflict of Interest, including the individuals involved, the type of interest (actual, potential, or perceived), and how the conflict will be managed to ensure the integrity, independence, and credibility of the research.**

Word count:

Must be no more than 250 words.

### Declaration

\* indicates a required field

Please ensure that you have read the questions and the [Information for Applicants](#) carefully. Ensure that your responses provide the reviewers with the information that they require in order to assess your application.

By submitting this application:

- I acknowledge all information contained within this application is complete and accurate.
- I declare that I have read and agree to the [Grant Application Terms and Conditions](#), as set out in the [Information for Applicants](#).
- I agree to the RACGP collecting information referred to in Clause 3 of the Grant Application Terms & Conditions for the uses and in the manner indicated.

**Applicant name \***

**I agree \***

- Yes
- No

**Date of declaration \***

Must be a date

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### Hear more from the Australian General Practice Research Foundation (optional)

I would like to subscribe to the Foundation's mailing list to stay updated on the latest news and funding opportunities

By subscribing, you consent to receiving information about the Foundation's activities, including research funding opportunities, projects, events, campaigns, and publications. You can withdraw your consent anytime by emailing [foundation@racgp.org.au](mailto:foundation@racgp.org.au).

Before submitting your application, please ensure that you have:

- read the [Grant Application Terms and Conditions](#), as set out in the [Information for Applicants](#)
- read the details of the grant/award and eligibility requirements
- addressed the selection criteria
- attached the CV of the principal investigator